



Dr Remy Marckus

Terms and Conditions for Psychological Therapy

Please read this carefully. If you agree with the conditions we will both sign this contract and it will form the basis of our therapy sessions.

Professional Information

I am a Chartered Clinical Psychologist with over 14 years of experience in the NHS. I am registered with the Health Care Professions Council (HCPC) and British Psychological Society (BPS) and I adhere to the codes of ethics and conduct of these regulatory bodies. Copies of these codes are available to you online.

My BPS registration number is 090417 www.bps.org.uk
My HCPC registration number is PYL23721 www.hcpc-uk.org

Confidentiality

All therapy sessions are confidential between the Psychologist and the clients. It is important that you are able to talk openly with your therapist and feel confident that your right to privacy is protected. This generally means that your therapist cannot discuss your case with any third parties without your consent.

There are however, some limits to confidentiality:

- As part of my codes of practice I am required to carry out continuing professional development, and to engage in regular and ongoing supervision. The aim of this is to monitor and improve the clinical work undertaken. All supervision is done on a confidential basis and only using the client's first name.

- At times a psychologist may need to contact the client's GP or other professional involved. This would normally be done with the client's permission and would be discussed in the session prior to any contact. However, if the client's or another person's safety were severely jeopardised in the practitioner's view, they may contact the external services without the client's permission.
- There are some limits to confidentiality such as Prevention of Terrorism and Drug Trafficking Acts.
- In a court of law a psychologist may be required to answer questions about a client.

Frequency and Length of Therapy

Therapy sessions typically run for one hour and take place on a weekly or fortnightly basis. I do however, reserve the right to amend that time for therapeutic reasons. If for any reason you are late for a session, I will see you for the duration of the remainder but will be unable to work beyond the allotted time.

Cancellations and Holidays

You will be notified of any holidays to be taken by myself well in advance. However, there may be occasions when sessions may be cancelled due to illness or because of attending training sessions or meetings. I will try to give you as much notice as possible of any cancellation and will offer an alternative time. Therefore, please notify me of any change in contact details.

If you need to cancel a session please give me as much advance warning as you can. Sessions cancelled less than 24 hours' in advance and missed sessions will still be charged the full fee.

Fees

My Fee is £80 per hour. This can be paid in cash or cheque during the session or by electronic bank transfer. Payment can be made on a sessional or block booking basis.

Termination of Therapy

You have the right to terminate your sessions at any point in time. I will not suddenly or without warning terminate our contract, except in exceptional circumstances, which would become clear in the course of our work together. This would be fully discussed at the time.

Therefore, if you are in need of more urgent help you are advised to make an appointment with your G.P. or in the event of an emergency visit your local A&E department.

Contact Outside of Therapy

The contact details I have provided you with are for use when altering or cancelling therapy sessions. Although I will endeavour to get back to you as soon as possible, messages I receive by phone and e-mail will only be picked up on an irregular basis. Therefore, if you are in need of more urgent help you are advised to make an appointment with your G.P. or in the event of an emergency visit your local A&E department.

Record Keeping

As part of professional practice guidelines, I will need to keep notes on your therapy sessions. These tend to be brief and allow me to keep track of the themes covered in therapy. Notes are kept in a locked cabinet or in password protected documents on computer in accordance with the data protection act and GDPR. For further information about how your data is collected, stored and managed please read and sign the privacy policy.

Insurance

I carry professional liability insurance cover which includes my therapy practice.

Complaints

In the event of you being unhappy with the service you receive, please discuss with me. If you feel unable to do so or do not receive satisfactory resolution, then you have a right to complain to my professional body the HCPC.

Acknowledgement and Consent

By attending your sessions you are acknowledging that: You understand and agree to abide by the policies detailed in the client contract and we have discussed and clarified any questions you may have about this document.

Client Name (please print) _____

Address (please print) _____

Date of Birth _____

Telephone numbers _____

GP Name _____

GP Address _____

GP Telephone Number _____

Date _____

Client _____ Therapist _____